

EMAIL TEMPLATE

JOIN MY TEAM - TEAM CAPTAIN



COPY + PASTE THE TEXT BELOW TO USE IN YOUR EMAIL.
(DO NOT ATTACH THIS PDF TO THE EMAIL)

Subject Line: You're invited: Join my Sunrise Challenge team!

Dear friends, family and colleagues,

I am participating in the **CAMH Sunrise Challenge™**. Will you join me?

The world is facing a mental health crisis. Your support has never been more important. As a world leader in mental health research, CAMH will keep rising for change until no one with mental illness is left behind.

Register at sunrisechallenge.ca to rise with me and my team, from May 27 to 31, 2024, and raise funds to support CAMH and its work to solve the most complex issues in mental health.

To join me, go to my Team Page link below and click "Register".

Thank you for rising with me for mental health.

Sincerely,

[INSERT YOUR NAME + LINK TO TEAM PAGE HERE]

P.S. If you don't have time to join, please consider making a donation to my campaign by clicking the link above. Thank you so much for your support.